

Wellness Spa TREATMENTS



FACIAL TREATMENTS

Anti-Wrinkle Radio-Frequency Facial Machine Treatment

The latest on the market, the radio-frequency facelift is a non-surgical treatment for wrinkles and facial skin imperfections. Using radio-frequency for deep healing, this treatment converts the electrical current to thermal energy deep within the dermis - creating a measurable affect that re-shapes the layers, builds up and contracts the skin's collagen. The overall result tightens up the outer layers of skin and reduces wrinkling effects.

60 min \$145 including a cleansing facial

Gold-Bio Collagen Anti-Ageing Facial Mask

This innovative anti-ageing mask is formulated with pure gold, natural bio-ingredients and hydrating compounds to deliver younger, glowing skin. This mask stimulates cellular regrowth that slows down skin collagen depletion and elastin breakdown.

60 min \$115

Purifying Botanical Facial

An intense deep-cleansing facial designed for combination to oily skin. Includes an exfoliation and steam compress plus a relaxing scalp massage during a French clay masque to balance and relax the mind.

60 min \$105

Petite Spa Facial

A cleansing facial designed to offer a quick pick-me-up to brighten, hydrate and revitalise the complexion using a selection of nourishing cold-pressed plant oils, exotic fruit enzymes, replenishing botanicals, French clay and a hydrating infusion of aromatic essential oils.

30 min \$60

Anti-Ageing and Soothing Eye Contour Treatment

A revitalising, layered treatment dedicated to the delicate eye area reversing the signs of ageing by reducing puffiness, fine lines and wrinkles around the eyes.

20 min \$39



MASSAGE TREATMENTS

We recommend a complimentary hydrotherapy spa before all massages to warm and relax the body.

All massages

30 min \$60 45 min \$75 60 min \$95 75 min \$120

Couples Massage / Treatments

Share the enjoyment of your massage or treatment with a friend or partner – either in the same room or separate.

Relaxation - Full Body

Drift off into a world of bliss with a full body Swedish/Asian fusion massage to ease body/mind tension and promote healing.

Signature Hot Stone

With Native American origins this deeply relaxing massage melts away tension, stiffness and increases circulation.

Back Massage

Loosen tight muscles and de-stress the neck, shoulders, lower back and hips with this 30 minute massage.

Therapeutic Massage

A combination of relaxation, hot-stone and remedial massage to detox, de-stress and heal the body.



MANICURE AND PEDICURE TREATMENTS

Beautiful Hands

Hand exfoliation, massage and moisturise therapy to repair and pamper the skin with exotic essential oils. Includes nail oil treatment.

30 min \$45

Manicure Relax

Full nail and cuticle treatment, hand and arm exfoliation, hydrating marine masque and hot towel compress, followed by a warm oil massage, nourishing hand treatment and polish.

60 min \$80

75 min \$100 using Shellac Polish

Pedicure Relax

Includes foot soak, full nail and cuticle treatment, buffing and polishing of feet and heels, sea scrub applied to feet and lower legs, hydrating marine masque, hot towel compress and a relaxing massage. Includes polish.

60 min \$80

75 min \$100 using Shellac Polish

Beautiful Feet

Foot exfoliation, massage and moisturise therapy to repair and pamper the skin with exotic essential oils. Includes nail oil treatment.

30 min \$45

Shellac Nails

Buff and Polish only

30 min \$45



IONIC DETOX PROGRAM

The Ionic Detox Machine is a high tech water detoxification system that facilitates the body's ability to heal itself. The Ionic Cleanse Detox Machine is a water foot-bath that utilises steel electrodes, which cleans, balances, and enhances bio-energy - a vital force present in the body's fluids.

Single Treatment \$35 6 x Treatments \$150 10 x Treatments \$250

WAXING AND SPRAY TAN TREATMENTS

Spray Tans

Full body \$40

Waxing

Eyebrow \$15 Lip \$10 Chin from \$10 Face from \$20 Under Arm \$15
Bikini \$25 Brazilian from \$60 Half Leg \$40 ¾ Leg \$45 Full Leg \$50
Half Arm \$25 Full Arm \$30

MAKE-UP TREATMENTS

Graduation Make-Up \$80

Evening Make-Up \$70

Wedding Make-Up \$90

Bridesmaids Make-Up \$75

All Trial Make-Up Per Person \$45

EYES

Eyebrow Tint

\$15

Eyelash Tint

\$20



BODY SCRUB TREATMENTS

Coffee-Coconut Sugar Scrub

A deeply reinvigorating body treatment that not only heightens your senses and lightens and brightens the skin, but temporarily minimises cellulite. This scrub is perfectly paired with cold pressed organic coconut oil - one of nature's most moisturising compounds. Followed with a warm shower and full body moisturisation.

60 min \$105

Lavender-Grapeseed Oil Sea Salt Scrub

Full body rejuvenation that includes dried lavender which exfoliates as it soothes the senses, and sea salt to scrub away dead skin and other impurities. This combination is also therapeutic for acne and eczema. Followed with a warm shower and full body moisturisation.

60 min \$105

BODY TREATMENTS

Body Slimming Treatment

Unoisetion Cavitation 2.0 Slimming Technology

Introducing our new slimming treatment that reduces cellulite, contours and tightens skin on the whole body including underarms, legs and post pregnancy tummy. Encourages production of collagen, and elasticity of skin by breaking down fatty cells. Radio-frequency and vacuum treatments induce oxygen and glucose to flow correctly, resulting in healthier tissue.

60 min \$180



SPA PACKAGES

The Grande Indulgence Package

Starting with a full body exfoliation and body mask using Pink Frangipani Waterlily products to repair and renew skin, followed by a head massage, enjoy a warm shower and full body moisturising therapy including a 15 minute back massage, then an Essential Care Facial to hydrate and revitalise your complexion.

1 h 45 min \$165 per person

Time For Yourself Package

Starting with a harmonising treatment of our Signature Hot Stone full-body massage, followed by a Petite Spa Facial incorporating warm stones on the face.

1 h 30 min \$155 per person

Body Delight Package

Starting with an exfoliation and targeted body masque using Pink Frangipani products, including a head massage, followed by a warm shower and a relaxing full body massage. Rest afterwards with a fruit platter and glass of champagne.

1 h 30 min \$155 per person

Bride and Groom Packages and Group Bookings Are Available Upon Request

SPA ETIQUETTE

Please arrive 15 min prior to your treatment.

Appointments available 7 days. Cancellation fee within 24hrs = 25% charge.

We look forward to creating a beautiful experience for you.

Wellness Spa

TREATMENTS

EXCLUSIVELY FOR MEN



BODY MASSAGE

Swedish Relaxation Massage

This massage consists of a series of long, soothing and relaxing strokes using warm oils.

60 min \$95

Deep Tissue Massage

This massage employs greater pressure and works along specific muscular zones to relieve deep knots and tension that has built up in your body.

60 min \$95

FACIALS

Signature Facial

A facial that is designed to cleanse and hydrate your skin using all natural products . A great quick pick-me-up facial for the man on the go.

30 min \$60

Men's Deep Cleansing Facial

Designed for men to rebalance and revitalise the skin. This deeply relaxing treatment includes a gel cleanse, steam exfoliation, and scalp massage during a French clay masque which revitalises, tones and textures the skin.

60 min \$105



NAIL TREATMENTS

Spa Manicure or Pedicure

Relaxing hand and arm exfoliation and mask, plus hot towel compress. Nails manicured and mini foot or hand massage.

30 min \$45

REFLEXOLOGY FOOT AND LEG MASSAGE

A relaxing foot soak, exfoliation and mask followed by a soothing reflexology massage to ease away tensions.

60 min \$80

WAXING TREATMENTS

Underarms \$20

Full Legs \$60

Lower Legs \$45

Full Arms \$35

Brazilian from \$100

Back and Shoulders \$45

Shoulders \$35

Back of Neck \$20

Half Arms \$30

Chest \$45

Chest and Stomach \$50

Stomach \$35



GROUP BOOKINGS

WOULD YOU LIKE TO BOOK YOUR OWN PRIVATE PARTY?
GROUP BOOKINGS - BACHELORETTE/HENS - BIRTHDAY PARTIES

ANTI-AGEING FACIALS
SWEDISH MASSAGE
HOT STONE MASSAGE
BODY POLISHES AND WRAPS
PEDICURES AND MANICURES
WAXING
SPRAY TANS
ROBES AND TOWELS PROVIDED



Soak in a jacuzzi, sip champagne, relax and enjoy the company of your friends whilst enjoying the beautiful treatments that are available.

Bookings Essential (07) 4933 7428



WEDDING PACKAGES

Package One

Full body massage, facial and pedicure for Bride and Groom

2 h \$180 each

Package Two

Full body massage, manicure and pedicure followed by make-up for the
Bride or any of her guests

3 h \$260 each

Package Three

Wedding make-up for Bride \$90

Evening make-up for guests \$70

Couple Escape

Back body scrub using exotic Waterlily products followed by a full body
massage

70 min \$145 each

Royal Package

Pink Frangipani body exfoliation, full body massage, 45 min facial,
manicure and pedicure

3.5 h \$300 each

YOUNGBLOOD[®]

MINERAL COSMETICS

Enjoy getting your make-up done in our Resort Spa downstairs. No need to travel on your special day! The Bride and her Bridal Party can enjoy a glass of champagne while being pampered by our qualified therapists.

Perfect Make-up
FOR YOUR PERFECT DAY!



GRANTING WOMEN THE POWER



To conceal and correct imperfect complexions has been the mission of Pauline Youngblood, founder and president of Youngblood Mineral Cosmetics. Pauline draws inspiration from nature as well as her own practical experience as a paramedical aesthetician to dermatologists and plastic surgeons. Once her clients tried the Natural Loose Mineral Foundation they were converted and became loyal customers for life. That is when Pauline Youngblood realised that there was a "Need for this Foundation". Youngblood is Pauline's dream realised.

Pauline's standard of excellence is defined by these 3 main priorities:

1. **Highest Quality:** Pauline chooses only the highest quality grade of raw materials. These choices define our products by better performance, higher pigments and flawless coverage setting Youngblood apart from other brands.
2. **Milling Process:** Pauline prides herself in her milling process being a trade secret. Taking a natural mineral and blending it down into a formula that goes on weightless, soft and smooth but can also be layered to cover problematic areas on the face.
3. **Highly Pigmented:** Using ultimate quality and extreme performance compared to pigments in other brands, achieving results in our coverage that are luxurious and impeccable. Always concealing imperfections and providing colors that are naturally beautiful and stunning!



THE YOUNGBLOOD DIFFERENCE

- Pure, natural minerals finely milled for weightless, adjustable coverage
- Soft, luxurious feel and finish
- Ideal for all skin tones (Lightest to the Darkest tones)
- Ideal for all skin types (Dry, Combination and Oily)
- Ideal for all skin conditions (Rosacea, Dehydration and Acne prone skin)
- Ideal for all ages
- Made without Zinc Oxide
- Vegan formulas: No animal or animal bi-product
- Non-comedogenic and non-acnegenic. Will not clog pores or create acne
- Gluten-free formula: Wheat-free
- Cruelty-free and environmentally responsible
- **FREE From: Talc, Parabens, Harsh Oils, Artificial Fragrances or Artificial Dyes**

GET THE LOOK

Whether creating a natural daytime look or a dramatic effect, Youngblood Mineral Cosmetics has you covered. From our luxurious mineral foundations to our pigment-rich eyeshadows, our entire makeup line will help you make your clients look naturally radiant.





YOUNGBLOOD[®]

MINERAL COSMETICS



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wellnessspa@rbrws.com.au

namaste and thank you